



41. Alteburglauf
Arnstadt / 03.05.2019

Detailed evaluation

Luther, Madlen

Club: Katholische Laufjugend
Number: 305

Course: 10.60 km
Hauptlauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 57:31

Speed: 11.06 km/h
Running performance: 5:26 min/km

Rank in course/Total: 56 (of 109)

Rank in course/Women: 3 (of 24)

Best time in course: 46:15

Rank in category: 2(of 6)

Best time in the category: 57:16