



41. Alteburglauf
Arnstadt / 03.05.2019

Detailed evaluation

Mähr24.09.1963, Andreas

Club: Arnstadt
Number: 309

Course: 10.60 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 58:06

Speed: 10.33 km/h
Running performance: 5:29 min/km

Rank in course/Total: 57 (of 109)

Rank in course/Men: 54 (of 85)

Best time in course: 39:48

Rank in category: 6(of 14)

Best time in the category: 44:33