



41. Alteburglauf
Arnstadt / 03.05.2019

Detailed evaluation

Thäsler, Sascha

Club: Angelroda
Number: 293

Course: 10.60 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 58:26

Speed: 10.88 km/h
Running performance: 5:31 min/km

Rank in course/Total: 58 (of 109)

Rank in course/Men: 55 (of 85)

Best time in course: 39:48

Rank in category: 8(of 11)

Best time in the category: 40:50