



41. Alteburglauf  
Arnstadt / 03.05.2019

## Detailed evaluation

**Krauß, Raimund**

Club: Berga  
Number: 311

Course: 10.60 km  
Hauptlauf

Category:  
Senioren M80 (80-84 Jahre)

Total time: 58:46

Speed: 10.82 km/h  
Running performance: 5:32 min/km

Rank in course/Total: 62 (of 109)

Rank in course/Men: 58 (of 85)

Best time in course: 39:48

Rank in category: 1(of 1)

Best time in the category: 58:46