



41. Alteburglauf
Arnstadt / 03.05.2019

Detailed evaluation

Ackermann, Steffen

Club: AckiRWE
Number: 221

Course: 10.60 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 59:30

Speed: 10.69 km/h
Running performance: 5:37 min/km

Rank in course/Total: 67 (of 109)

Rank in course/Men: 62 (of 85)

Best time in course: 39:48

Rank in category: 6(of 7)

Best time in the category: 49:28