



41. Alteburglauf  
Arnstadt / 03.05.2019

## Detailed evaluation

**Meisinger, Katja**

Club: SV 90 Gräfenroda  
Number: 259

Course: 10.60 km  
Hauptlauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 1:00:03

Speed: 10.59 km/h  
Running performance: 5:40 min/km

Rank in course/Total: 68 (of 109)

Rank in course/Women: 6 (of 24)

Best time in course: 46:15

Rank in category: 2(of 3)

Best time in the category: 58:32