



41. Alteburglauf
Arnstadt / 03.05.2019

Detailed evaluation

Reiche, Frank

Club: .Arnstadt
Number: 320

Course: 10.60 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:01:07

Speed: 10.41 km/h
Running performance: 5:46 min/km

Rank in course/Total: 74 (of 109)

Rank in course/Men: 66 (of 85)

Best time in course: 39:48

Rank in category: 12(of 14)

Best time in the category: 44:33