



41. Alteburglauf
Arnstadt / 03.05.2019

Detailed evaluation

Melchert, Volkmar

Club: Die flinken Gerataler
Number: 260

Course: 10.60 km
Hauptlauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 1:01:46

Speed: 10.30 km/h
Running performance: 5:50 min/km

Rank in course/Total: 81 (of 109)

Rank in course/Men: 69 (of 85)

Best time in course: 39:48

Rank in category: 2(of 2)

Best time in the category: 53:03