



41. Alteburglauf  
Arnstadt / 03.05.2019

## Detailed evaluation

**Pahn, Ingrid**

Club: Zahn Pahn  
Number: 395

Course: 21.10 km  
Halbmarathon

Category:  
Seniorinnen W55 (55-59 Jahre)

Total time: 2:07:24

Speed: 9.89 km/h  
Running performance: 6:02 min/km

Rank in course/Total: 49 (of 56)

Rank in course/Women: 6 (of 7)

Best time in course: 1:44:26

Rank in category: 2(of 2)

Best time in the category: 1:44:26