



41. Alteburglauf  
Arnstadt / 03.05.2019

## Detailed evaluation

**Bähr, Thomas**

Club: Traktor Rehestädt  
Number: 371

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:08:46

Speed: 9.83 km/h  
Running performance: 6:06 min/km

Rank in course/Total: 52 (of 56)

Rank in course/Men: 45 (of 49)

Best time in course: 1:30:09

Rank in category: 7(of 9)

Best time in the category: 1:51:00