



41. Alteburglauf
Arnstadt / 03.05.2019

Detailed evaluation

Eschrich, Ireen

Club: Thales Laufgruppe
Number: 230

Course: 10.60 km
Hauptlauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:12:17

Speed: 8.30 km/h
Running performance: 6:49 min/km

Rank in course/Total: 101 (of 109)

Rank in course/Women: 22 (of 24)

Best time in course: 46:15

Rank in category: 3(of 5)

Best time in the category: 46:15