



41. Alteburglauf
Arnstadt / 03.05.2019

Detailed evaluation

Prescher, Frank

Club: USV Erfurt
Number: 269

Course: 10.60 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:16:16

Speed: 7.87 km/h
Running performance: 7:11 min/km

Rank in course/Total: 104 (of 109)

Rank in course/Men: 82 (of 85)

Best time in course: 39:48

Rank in category: 11(of 11)

Best time in the category: 40:50