



41. Alteburglauf  
Arnstadt / 03.05.2019

## Detailed evaluation

Hahnemann, Norbert

Club: SG Motor Arnstadt  
Number: 240

Course: 10.60 km  
Hauptlauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 1:24:21

Speed: 7.11 km/h  
Running performance: 7:58 min/km

Rank in course/Total: 109 (of 109)

Rank in course/Men: 85 (of 85)

Best time in course: 39:48

Rank in category: 4(of 4)

Best time in the category: 51:47