



7. Arnstädter Alteburgstaffel

Arnstadt / 22.05.2019

Detailed evaluation

RSV Adler Arnstadt

Club: RSV Adler Arnstadt

Number: 18

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 25:59

Speed: 13.86 km/h

Running performance: 4:20 min/km

Rank in course: 1 (of 43)

Best time in course: 25:59

Rank in category: 1(of 43)

Best time in the category: 25:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	5:25	4:30	9	0:59	9	0:59	1.20	5:25	4:30	9	0:59	9	0:59
Wechsel	1.20	5:15	4:22	3	0:01	3	0:01	2.40	10:40	4:26	5	1:00	5	1:00
Wechsel	1.20	5:35	4:39	3	0:25	3	0:25	3.60	16:15	4:30	3	0:33	3	0:33
Wechsel	1.20	4:33	3:47	1	-	1	-	4.80	20:48	4:20	1	-	1	-
Finish	1.20	5:11	4:19	2	0:02	2	0:02	6.00	25:59	4:19	1	-	1	-