



# 7. Arnstädter Alteburgstaffel

Arnstadt / 22.05.2019

## Detailed evaluation

### LT-ALTEBURG

Club: LT-ALTEBURG

Number: 23

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 30:44

Speed: 11.71 km/h

Running performance: 5:07 min/km

Rank in course: 10 (of 43)

Best time in course: 25:59

Rank in category: 10(of 43)

Best time in the category: 25:59

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total		Total		Pos		Behind	
				Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total	
Wechsel	1.20	6:31	5:25	26	2:05	26	2:05	1.20	6:31	5:25	26	2:05	26	2:05	2:05
Wechsel	1.20	6:04	5:03	10	0:50	10	0:50	2.40	12:35	5:14	16	2:55	16	2:55	2:55
Wechsel	1.20	6:17	5:14	9	1:07	9	1:07	3.60	18:52	5:14	12	3:10	12	3:10	3:10
Wechsel	1.20	6:09	5:07	11	1:36	11	1:36	4.80	25:01	5:12	10	4:13	10	4:13	4:13
Finish	1.20	5:43	4:45	12	0:34	12	0:34	6.00	30:44	5:07	10	4:45	10	4:45	4:45