



7. Arnstädter Alteburgstaffel

Arnstadt / 22.05.2019

Detailed evaluation

Stadtverwaltung Arnstadt

Club: Stadtverwaltung Arnstadt

Number: 7

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 32:45

Speed: 10.99 km/h

Running performance: 5:28 min/km

Rank in course: 17 (of 43)

Best time in course: 25:59

Rank in category: 17(of 43)

Best time in the category: 25:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	5:26	4:31	11	1:00	11	1:00	1.20	5:26	4:31	11	1:00	11	1:00
Wechsel	1.20	6:20	5:16	14	1:06	14	1:06	2.40	11:46	4:54	11	2:06	11	2:06
Wechsel	1.20	8:33	7:07	39	3:23	39	3:23	3.60	20:19	5:38	19	4:37	19	4:37
Wechsel	1.20	5:58	4:58	7	1:25	7	1:25	4.80	26:17	5:28	14	5:29	14	5:29
Finish	1.20	6:28	5:23	27	1:19	27	1:19	6.00	32:45	5:27	17	6:46	17	6:46