



7. Arnstädter Alteburgstaffel

Arnstadt / 22.05.2019

Detailed evaluation

Gymnasium MELISSANTES Arnstadt Lehrerstaffel 25:59

Club: Gymnasium MELISSANTES Arnstadt Lehrerstaffel Speed: 10.91 km/h

Number: 5

Running performance: 5:30 min/km

Course: 6.00 km

Staffel 5 x 1,2 km

Rank in course: 18 (of 43)

Best time in course: 25:59

Category:

Rank in category: 18(of 43)

Staffel

Best time in the category: 25:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Total	Cat.	Total				Cat.	Total	Cat.	Total
Wechsel	1.20	6:49	5:40	31	2:23	31	2:23	1.20	6:49	5:40	31	2:23	31	2:23
Wechsel	1.20	5:45	4:47	8	0:31	8	0:31	2.40	12:34	5:14	15	2:54	15	2:54
Wechsel	1.20	7:01	5:50	22	1:51	22	1:51	3.60	19:35	5:26	13	3:53	13	3:53
Wechsel	1.20	6:48	5:40	24	2:15	24	2:15	4.80	26:23	5:29	15	5:35	15	5:35
Finish	1.20	6:36	5:30	31	1:27	31	1:27	6.00	32:59	5:29	18	7:00	18	7:00