



7. Arnstädter Alteburgstaffel

Arnstadt / 22.05.2019

Detailed evaluation

Liberales Laufteam

Club: Liberales Laufteam

Number: 44

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 33:14

Speed: 10.83 km/h

Running performance: 5:32 min/km

Rank in course: 20 (of 43)

Best time in course: 25:59

Rank in category: 20(of 43)

Best time in the category: 25:59

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|---------|----------|------------|--------------|----------|-------------|-------------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|--|
| | | | | | | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | |
| Wechsel | 1.20 | 5:39 | 4:42 | 13 | 1:13 | 13 | 1:13 | 1.20 | 5:39 | 4:42 | 13 | 1:13 | 13 | 1:13 | |
| Wechsel | 1.20 | 6:28 | 5:23 | 15 | 1:14 | 15 | 1:14 | 2.40 | 12:07 | 5:02 | 12 | 2:27 | 12 | 2:27 | |
| Wechsel | 1.20 | 8:34 | 7:08 | 40 | 3:24 | 40 | 3:24 | 3.60 | 20:41 | 5:44 | 25 | 4:59 | 25 | 4:59 | |
| Wechsel | 1.20 | 6:09 | 5:07 | 11 | 1:36 | 11 | 1:36 | 4.80 | 26:50 | 5:35 | 16 | 6:02 | 16 | 6:02 | |
| Finish | 1.20 | 6:24 | 5:20 | 23 | 1:15 | 23 | 1:15 | 6.00 | 33:14 | 5:32 | 20 | 7:15 | 20 | 7:15 | |