



# 7. Arnstädter Alteburgstaffel

Arnstadt / 22.05.2019

## Detailed evaluation

### Lauftreff -Mädels

Club: Lauftreff -Mädels

Number: 6

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 34:19

Speed: 10.49 km/h

Running performance: 5:43 min/km

Rank in course: 26 (of 43)

Best time in course: 25:59

Rank in category: 26(of 43)

Best time in the category: 25:59

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total		Total		Pos		Behind		
				Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total		
Wechsel	1.20	6:27	5:22	23	2:01	23	2:01	1.20	6:27	5:22	23	2:01	23	2:01		
Wechsel	1.20	7:37	6:20	30	2:23	30	2:23	2.40	14:04	5:51	27	4:24	27	4:24		
Wechsel	1.20	6:59	5:49	20	1:49	20	1:49	3.60	21:03	5:50	27	5:21	27	5:21		
Wechsel	1.20	6:43	5:35	19	2:10	19	2:10	4.80	27:46	5:47	25	6:58	25	6:58		
Finish	1.20	6:33	5:27	30	1:24	30	1:24	6.00	34:19	5:43	26	8:20	26	8:20		