



7. Arnstädter Alteburgstaffel

Arnstadt / 22.05.2019

Detailed evaluation

Team Regenbogen I

Club: Team Regenbogen I

Number: 15

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 35:50

Speed: 10.05 km/h

Running performance: 5:58 min/km

Rank in course: 33 (of 43)

Best time in course: 25:59

Rank in category: 33(of 43)

Best time in the category: 25:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Wechsel	1.20	6:22	5:18	20	1:56	20	1:56	1.20	6:22	5:18	20	1:56	20	1:56	
Wechsel	1.20	8:27	7:02	39	3:13	39	3:13	2.40	14:49	6:10	36	5:09	36	5:09	
Wechsel	1.20	6:55	5:45	18	1:45	18	1:45	3.60	21:44	6:02	30	6:02	30	6:02	
Wechsel	1.20	6:44	5:36	20	2:11	20	2:11	4.80	28:28	5:55	28	7:40	28	7:40	
Finish	1.20	7:22	6:08	38	2:13	38	2:13	6.00	35:50	5:58	33	9:51	33	9:51	