



7. Arnstädter Alteburgstaffel

Arnstadt / 22.05.2019

Detailed evaluation

RSV Junge Adler Arnstadt

Club: RSV Junge Adler Arnstadt

Number: 17

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 36:24

Speed: 9.89 km/h

Running performance: 6:04 min/km

Rank in course: 34 (of 43)

Best time in course: 25:59

Rank in category: 34(of 43)

Best time in the category: 25:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total			Pos		Behind	
				Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechsel	1.20	7:36	6:19	40	3:10	40	3:10	1.20	7:36	6:19	40	3:10	40	3:10
Wechsel	1.20	7:00	5:50	22	1:46	22	1:46	2.40	14:36	6:04	33	4:56	33	4:56
Wechsel	1.20	7:25	6:10	32	2:15	32	2:15	3.60	22:01	6:06	33	6:19	33	6:19
Wechsel	1.20	7:54	6:35	35	3:21	35	3:21	4.80	29:55	6:13	35	9:07	35	9:07
Finish	1.20	6:29	5:24	28	1:20	28	1:20	6.00	36:24	6:03	34	10:25	34	10:25