



7. Arnstädter Alteburgstaffel

Arnstadt / 22.05.2019

Detailed evaluation

RSV Adlerinnen Arnstadt

Club: RSV Adlerinnen Arnstadt

Number: 21

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 36:24

Speed: 9.89 km/h

Running performance: 6:04 min/km

Rank in course: 35 (of 43)

Best time in course: 25:59

Rank in category: 35(of 43)

Best time in the category: 25:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Total	Cat.	Total				Cat.	Total	Cat.	Total
Wechsel	1.20	7:17	6:04	36	2:51	36	2:51	1.20	7:17	6:04	36	2:51	36	2:51
Wechsel	1.20	8:03	6:42	33	2:49	33	2:49	2.40	15:20	6:23	38	5:40	38	5:40
Wechsel	1.20	7:00	5:50	21	1:50	21	1:50	3.60	22:20	6:12	35	6:38	35	6:38
Wechsel	1.20	7:13	6:00	30	2:40	30	2:40	4.80	29:33	6:09	33	8:45	33	8:45
Finish	1.20	6:51	5:42	34	1:42	34	1:42	6.00	36:24	6:03	34	10:25	34	10:25