



# 7. Arnstädter Alteburgstaffel

Arnstadt / 22.05.2019

## Detailed evaluation

### 3 Generationen

Club: 3 Generationen

Number: 8

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 37:48

Speed: 9.52 km/h

Running performance: 6:18 min/km

Rank in course: 39 (of 43)

Best time in course: 25:59

Rank in category: 39(of 43)

Best time in the category: 25:59

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total		Total		Pos		Behind	
				Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total	
Wechsel	1.20	10:09	8:27	43	5:43	43	5:43	1.20	10:09	8:27	43	5:43	43	5:43	
Wechsel	1.20	8:10	6:48	36	2:56	36	2:56	2.40	18:19	7:37	42	8:39	42	8:39	
Wechsel	1.20	7:07	5:55	25	1:57	25	1:57	3.60	25:26	7:03	41	9:44	41	9:44	
Wechsel	1.20	6:05	5:04	10	1:32	10	1:32	4.80	31:31	6:33	40	10:43	40	10:43	
Finish	1.20	6:17	5:14	20	1:08	20	1:08	6.00	37:48	6:17	39	11:49	39	11:49	