



7. Arnstädter Alteburgstaffel
 Arnstadt / 22.05.2019

Detailed evaluation

A 20.5 - Eine Klasse für sich!

Club: A 20.5 - Eine Klasse für sich!
 Number: 29

Course: 6.00 km
 Staffel 5 x 1,2 km

Category:
 Staffel

Total time: 28:23

Speed: 12.68 km/h
 Running performance: 4:44 min/km

Rank in course: 4 (of 43)

Best time in course: 25:59

Rank in category: 4(of 43)

Best time in the category: 25:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Cat.	Total	Total				Cat.	Cat.	Total	Total
Wechsel	1.20	4:26	3:41	1	-	1	-	1.20	4:26	3:41	1	-	1	-
Wechsel	1.20	5:14	4:21	1	-	1	-	2.40	9:40	4:01	1	-	1	-
Wechsel	1.20	7:02	5:51	23	1:52	23	1:52	3.60	16:42	4:38	4	1:00	4	1:00
Wechsel	1.20	6:21	5:17	16	1:48	16	1:48	4.80	23:03	4:48	5	2:15	5	2:15
Finish	1.20	5:20	4:26	6	0:11	6	0:11	6.00	28:23	4:43	4	2:24	4	2:24