



7. Arnstädter Alteburgstaffel

Arnstadt / 22.05.2019

Detailed evaluation

Regenbogen Minis

Club: Regenbogen Minis

Number: 24

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 44:24

Speed: 8.11 km/h

Running performance: 7:24 min/km

Rank in course: 43 (of 43)

Best time in course: 25:59

Rank in category: 43(of 43)

Best time in the category: 25:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	7:56	6:36	41	3:30	41	3:30	1.20	7:56	6:36	41	3:30	41	3:30
Wechsel	1.20	8:29	7:04	40	3:15	40	3:15	2.40	16:25	6:50	41	6:45	41	6:45
Wechsel	1.20	9:20	7:46	43	4:10	43	4:10	3.60	25:45	7:09	42	10:03	42	10:03
Wechsel	1.20	8:56	7:26	41	4:23	41	4:23	4.80	34:41	7:13	42	13:53	42	13:53
Finish	1.20	9:43	8:05	43	4:34	43	4:34	6.00	44:24	7:23	43	18:25	43	18:25