



# 7. Arnstädter Alteburgstaffel

Arnstadt / 22.05.2019

## Detailed evaluation

### Staffelokokken

Club: Staffelokokken

Number: 20

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 29:25

Speed: 12.24 km/h

Running performance: 4:54 min/km

Rank in course: 6 (of 43)

Best time in course: 25:59

Rank in category: 6(of 43)

Best time in the category: 25:59

### Intermediate times

### Stage score

### Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score |              | Total ranking |            |              |          |             |           |              |
|---------|----------|------------|--------------|----------|-------------|-------------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
|         |          |            |              |          |             | Pos Total   | Behind Total | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Wechsel | 1.20     | 5:04       | 4:13         | 5        | 0:38        | 5           | 0:38         | 1.20          | 5:04       | 4:13         | 5        | 0:38        | 5         | 0:38         |
| Wechsel | 1.20     | 5:32       | 4:36         | 5        | 0:18        | 5           | 0:18         | 2.40          | 10:36      | 4:25         | 4        | 0:56        | 4         | 0:56         |
| Wechsel | 1.20     | 6:22       | 5:18         | 11       | 1:12        | 11          | 1:12         | 3.60          | 16:58      | 4:42         | 6        | 1:16        | 6         | 1:16         |
| Wechsel | 1.20     | 6:44       | 5:36         | 20       | 2:11        | 20          | 2:11         | 4.80          | 23:42      | 4:56         | 8        | 2:54        | 8         | 2:54         |
| Finish  | 1.20     | 5:43       | 4:45         | 12       | 0:34        | 12          | 0:34         | 6.00          | 29:25      | 4:54         | 6        | 3:26        | 6         | 3:26         |