



7. Arnstädter Alteburgstaffel

Arnstadt / 22.05.2019

Detailed evaluation

Staffelokokken

Club: Staffelokokken

Number: 20

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 29:25

Speed: 12.24 km/h

Running performance: 4:54 min/km

Rank in course: 6 (of 43)

Best time in course: 25:59

Rank in category: 6(of 43)

Best time in the category: 25:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	5:04	4:13	5	0:38	5	0:38	1.20	5:04	4:13	5	0:38	5	0:38
Wechsel	1.20	5:32	4:36	5	0:18	5	0:18	2.40	10:36	4:25	4	0:56	4	0:56
Wechsel	1.20	6:22	5:18	11	1:12	11	1:12	3.60	16:58	4:42	6	1:16	6	1:16
Wechsel	1.20	6:44	5:36	20	2:11	20	2:11	4.80	23:42	4:56	8	2:54	8	2:54
Finish	1.20	5:43	4:45	12	0:34	12	0:34	6.00	29:25	4:54	6	3:26	6	3:26