



29. Arnstädter Citylauf
Arnstadt / 27.04.2019

Detailed evaluation

Lewjew, Eric

Number: 29

Course: 10.00 km
n3 10-km-Lauf

Category:
Männer (20-29 Jahre)

Total time: 47:37

Speed: 12.60 km/h

Running performance: 4:46 min/km

Rank in course/Total: 29 (of 72)

Rank in course/Men: 27 (of 57)

Best time in course: 36:38

Rank in category: 3(of 4)

Best time in the category: 41:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.67	7:20	4:23	4	1:16	32	1:32	1.67	7:20	4:23	4	1:16	32	1:32
Lap 2	2.35	11:01	4:41	3	1:33	28	2:26	4.02	18:21	4:33	4	2:49	31	3:58
Lap 3	2.35	11:28	4:52	3	1:42	28	2:47	6.37	29:49	4:40	3	4:31	28	6:45
Lap 4	2.35	11:32	4:54	3	1:23	25	2:51	8.72	41:21	4:44	3	5:54	28	9:36
Last lap Finish	1.28	6:16	4:53	3	0:49	23	1:30	10.00	47:37	4:45	3	6:27	27	10:59