



29. Arnstädter Citylauf

Arnstadt / 27.04.2019

Detailed evaluation

Kaufmann, Alicia

Club: LSV Lok Arnstadt

Number: 315

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 14:58

Speed: 12.03 km/h

Running performance: 4:59 min/km

Rank in course/Total: 13 (of 45)

Rank in course/Women: 3 (of 23)

Best time in course: 13:03

Rank in category: 2(of 5)

Best time in the category: 13:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.72	8:23	4:52	2	1:16	3	1:16	1.72	8:23	4:52	2	1:16	3	1:16
Last lap Finish	1.28	6:35	5:08	2	0:39	3	0:39	3.00	14:58	4:59	2	1:55	3	1:55