



29. Arnstädter Citylauf

Arnstadt / 27.04.2019

Detailed evaluation

Lehmann, Julius

Club: LSV Lok Arnstadt

Number: 165

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 20:23

Speed: 14.72 km/h

Running performance: 4:05 min/km

Rank in course/Total: 6 (of 52)

Rank in course/Men: 6 (of 34)

Best time in course: 18:08

Rank in category: 1(of 5)

Best time in the category: 20:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.38	5:10	3:44	1	-	6	0:38	1.38	5:10	3:44	1	-	6	0:38
Lap 2	2.34	9:52	4:12	1	-	8	1:12	3.72	15:02	4:02	1	-	6	1:50
Last lap Finish	1.28	5:21	4:10	1	-	5	0:25	5.00	20:23	4:04	1	-	6	2:15