



29. Arnstädter Citylauf

Arnstadt / 27.04.2019

Detailed evaluation

Preisker, Elina

Club: LSV Lok Arnstadt

Number: 324

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

weibliche Jugend U16 (14-15 Jahre)

Total time: 15:54

Speed: 11.32 km/h

Running performance: 5:18 min/km

Rank in course/Total: 22 (of 45)

Rank in course/Women: 8 (of 23)

Best time in course: 13:03

Rank in category: 3(of 5)

Best time in the category: 15:13

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1 | 1.72 | 8:35 | 4:59 | 2 | 0:11 | 7 | 1:28 | 1.72 | 8:35 | 4:59 | 2 | 0:11 | 7 | 1:28 |
| Last lap Finish | 1.28 | 7:19 | 5:42 | 3 | 0:42 | 9 | 1:23 | 3.00 | 15:54 | 5:17 | 3 | 0:41 | 8 | 2:51 |