



29. Arnstädter Citylauf

Arnstadt / 27.04.2019

Detailed evaluation

Franke, Miley

Club: Arnstadt

Number: 344

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

weibliche Kinder U12 (10-11 Jahre)

Total time: 16:25

Speed: 10.96 km/h

Running performance: 5:28 min/km

Rank in course/Total: 26 (of 45)

Rank in course/Women: 11 (of 23)

Best time in course: 13:03

Rank in category: 3(of 4)

Best time in the category: 15:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Wome	Women	km	Time	min/km	Cat.	Cat.	Wome	Women
Lap 1	1.72	8:52	5:09	2	0:19	10	1:45	1.72	8:52	5:09	2	0:19	10	1:45
Last lap Finish	1.28	7:33	5:53	3	0:44	11	1:37	3.00	16:25	5:28	3	1:03	11	3:22