



# 29. Arnstädter Citylauf

Arnstadt / 27.04.2019

## Detailed evaluation

**Meurer, Ingo**

**Total time: 21:54**

Club: Die flinken Gerataler / SV Olympia Neustadt  
Number: 200

Speed: 13.70 km/h  
Running performance: 4:23 min/km

Course: 5.00 km  
Die Schwenninger Krankenkasse 5-km-Lauf

Rank in course/Total: 10 (of 52)  
Rank in course/Men: 10 (of 34)  
Best time in course: 18:08

Category:  
Senioren M50 (50-54 Jahre)

Rank in category: 2(of 3)  
Best time in the category: 20:22

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.38	5:44	4:09	2	0:20	12	1:12	1.38	5:44	4:09	2	0:20	12	1:12
Lap 2	2.34	10:34	4:30	2	0:48	10	1:54	3.72	16:18	4:22	2	1:08	11	3:06
Last lap Finish	1.28	5:36	4:22	2	0:24	9	0:40	5.00	21:54	4:22	2	1:32	10	3:46