



29. Arnstädter Citylauf

Arnstadt / 27.04.2019

Detailed evaluation

Hartmann, Lukas

Club: Die flinken Gerataler

Number: 311

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

männliche Kinder U12 (10-11 Jahre)

Total time: 17:04

Speed: 10.55 km/h

Running performance: 5:41 min/km

Rank in course/Total: 30 (of 45)

Rank in course/Men: 17 (of 22)

Best time in course: 10:38

Rank in category: 7(of 8)

Best time in the category: 13:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	1.72	9:24	5:27	7	2:00	16	3:20	1.72	9:24	5:27	7	2:00	16	3:20
Last lap Finish	1.28	7:40	5:59	6	1:46	16	3:06	3.00	17:04	5:41	7	3:46	17	6:26