



29. Arnstädter Citylauf

Arnstadt / 27.04.2019

Detailed evaluation

Du Maire, Friedrich

Club: Lohmühle aktiv

Number: 337

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

männliche Kinder U12 (10-11 Jahre)

Total time: 17:11

Speed: 10.48 km/h

Running performance: 5:44 min/km

Rank in course/Total: 31 (of 45)

Rank in course/Men: 18 (of 22)

Best time in course: 10:38

Rank in category: 8(of 8)

Best time in the category: 13:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.72	9:25	5:28	8	2:01	17	3:21	1.72	9:25	5:28	8	2:01	17	3:21
Last lap Finish	1.28	7:46	6:04	7	1:52	17	3:12	3.00	17:11	5:43	8	3:53	18	6:33