



29. Arnstädter Citylauf

Arnstadt / 27.04.2019

Detailed evaluation

Kratzer, Mirijam

Club: Evangelische Kirchengemeinde Arnstadt
Number: 350

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
weibliche Jugend U16 (14-15 Jahre)

Total time: 17:27

Speed: 10.32 km/h
Running performance: 5:49 min/km

Rank in course/Total: 32 (of 45)
Rank in course/Women: 14 (of 23)
Best time in course: 13:03
Rank in category: 4(of 5)
Best time in the category: 15:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.72	9:25	5:28	4	1:01	14	2:18	1.72	9:25	5:28	4	1:01	14	2:18
Last lap Finish	1.28	8:02	6:16	5	1:25	15	2:06	3.00	17:27	5:48	4	2:14	14	4:24