



29. Arnstädter Citylauf  
 Arnstadt / 27.04.2019

Detailed evaluation

Richter, Emilia

Club: Arnstadt  
 Number: 345

Course: 3.00 km  
 McDonald`s 3-km-Lauf

Category:  
 weibliche Kinder U12 (10-11 Jahre)

Total time: 17:49

Speed: 10.10 km/h  
 Running performance: 5:56 min/km

Rank in course/Total: 34 (of 45)  
 Rank in course/Women: 16 (of 23)

Best time in course: 13:03  
 Rank in category: 4(of 4)  
 Best time in the category: 15:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.72	9:36	5:34	4	1:03	15	2:29	1.72	9:36	5:34	4	1:03	15	2:29
Last lap Finish	1.28	8:13	6:25	4	1:24	16	2:17	3.00	17:49	5:56	4	2:27	16	4:46