



29. Arnstädter Citylauf

Arnstadt / 27.04.2019

Detailed evaluation

Vogler, Timo

Club: Ilmenau

Number: 183

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 24:41

Speed: 12.15 km/h

Running performance: 4:56 min/km

Rank in course/Total: 17 (of 52)

Rank in course/Men: 17 (of 34)

Best time in course: 18:08

Rank in category: 2(of 5)

Best time in the category: 20:23

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	1.38	6:03	4:23	2	0:53	19	1:31	1.38	6:03	4:23	2	0:53	19	1:31
Lap 2	2.34	12:07	5:10	2	2:15	19	3:27	3.72	18:10	4:53	2	3:08	18	4:58
Last lap Finish	1.28	6:31	5:05	2	1:10	16	1:35	5.00	24:41	4:56	2	4:18	17	6:33