



29. Arnstädter Citylauf
 Arnstadt / 27.04.2019

Detailed evaluation

Bartholome, Dana

Club: ThSV 1886 Geschwenda
 Number: 302

Course: 3.00 km
 McDonald`s 3-km-Lauf

Category:
 weibliche Jugend U14 (12-13 Jahre)

Total time: 20:02

Speed: 8.99 km/h
 Running performance: 6:41 min/km

Rank in course/Total: 41 (of 45)
 Rank in course/Women: 19 (of 23)

Best time in course: 13:03
 Rank in category: 5(of 5)
 Best time in the category: 13:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.72	10:46	6:15	5	3:39	17	3:39	1.72	10:46	6:15	5	3:39	17	3:39
Last lap Finish	1.28	9:16	7:14	5	3:20	20	3:20	3.00	20:02	6:40	5	6:59	19	6:59