



29. Arnstädter Citylauf

Arnstadt / 27.04.2019

Detailed evaluation

Schumann, Finjas

Club: FSV Martinroda

Number: 174

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 26:32

Speed: 11.31 km/h

Running performance: 5:19 min/km

Rank in course/Total: 26 (of 52)

Rank in course/Men: 22 (of 34)

Best time in course: 18:08

Rank in category: 3(of 5)

Best time in the category: 20:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.38	7:15	5:15	4	2:05	30	2:43	1.38	7:15	5:15	4	2:05	30	2:43
Lap 2	2.34	12:32	5:21	3	2:40	22	3:52	3.72	19:47	5:19	3	4:45	24	6:35
Last lap Finish	1.28	6:45	5:16	3	1:24	19	1:49	5.00	26:32	5:18	3	6:09	22	8:24