



29. Arnstädter Citylauf

Arnstadt / 27.04.2019

Detailed evaluation

Kallmeyer, Vincent

Club: Arnstadt

Number: 195

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 26:47

Speed: 11.20 km/h

Running performance: 5:22 min/km

Rank in course/Total: 30 (of 52)

Rank in course/Men: 26 (of 34)

Best time in course: 18:08

Rank in category: 3(of 3)

Best time in the category: 20:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.38	7:01	5:05	3	1:46	27	2:29	1.38	7:01	5:05	3	1:46	27	2:29
Lap 2	2.34	12:48	5:28	3	2:58	25	4:08	3.72	19:49	5:19	3	4:44	26	6:37
Last lap Finish	1.28	6:58	5:26	3	1:32	23	2:02	5.00	26:47	5:21	3	6:16	26	8:39