



# 29. Arnstädter Citylauf

Arnstadt / 27.04.2019

## Detailed evaluation

**Kallmeyer, René**

Club: kein

Number: 162

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 30:18

Speed: 9.90 km/h

Running performance: 6:04 min/km

Rank in course/Total: 40 (of 52)

Rank in course/Men: 29 (of 34)

Best time in course: 18:08

Rank in category: 5(of 5)

Best time in the category: 18:08

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	1.38	7:02	5:05	5	2:30	28	2:30	1.38	7:02	5:05	5	2:30	28	2:30
Lap 2	2.34	13:06	5:35	4	4:26	27	4:26	3.72	20:08	5:24	4	6:56	28	6:56
Last lap Finish	1.28	10:10	7:56	5	5:14	31	5:14	5.00	30:18	6:03	5	12:10	29	12:10