



29. Arnstädter Citylauf

Arnstadt / 27.04.2019

Detailed evaluation

Hein, Lea

Club: Katholische Laufjugend Arnstadt

Number: 192

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

Frauen (20-29 Jahre)

Total time: 31:50

Speed: 9.42 km/h

Running performance: 6:22 min/km

Rank in course/Total: 47 (of 52)

Rank in course/Women: 15 (of 18)

Best time in course: 24:51

Rank in category: 1(of 1)

Best time in the category: 31:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.38	fehlt!	-	-	-	-	-	1.38	-	-	-	-	-	-
Lap 2	2.34	fehlt!	-	-	-	-	-	3.72	-	-	-	-	-	-
Last lap Finish	1.28	31:50	24:52	1	-	18	25:06	5.00	31:50	6:21	1	-	15	6:59