



29. Arnstädter Citylauf

Arnstadt / 27.04.2019

Detailed evaluation

Hofmann, Franz

Club: Arnstadt

Number: 204

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 34:28

Speed: 8.70 km/h

Running performance: 6:53 min/km

Rank in course/Total: 50 (of 52)

Rank in course/Men: 33 (of 34)

Best time in course: 18:08

Rank in category: 5(of 5)

Best time in the category: 20:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.38	8:58	6:29	5	3:48	33	4:26	1.38	8:58	6:29	5	3:48	33	4:26
Lap 2	2.34	16:24	7:00	5	6:32	33	7:44	3.72	25:22	6:49	5	10:20	33	12:10
Last lap Finish	1.28	9:06	7:06	5	3:45	30	4:10	5.00	34:28	6:53	5	14:05	33	16:20