



16. Asklepios Tritrekk
Bad Salzungen, Burgsee / 04.08.2019

Detailed evaluation

Trautmann, Jonas

Club: GutsMuths-Rennsteiglaufverein e.V.
Number: 98

Course: 17.20 km
LITTLE RENNSTEIGMAN

Category:
Männer

Total time: 1:34:40

Speed: 10.77 km/h
Running performance: 5:30 min/km

Rank in course/Total: 3 (of 3)

Rank in course/Men: 3 (of 3)

Best time in course: 1:18:32

Rank in category: 3(of 3)

Best time in the category: 1:18:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ziel Kanu	4.00	37:56	9:28	2	3:52	2	3:52	4.00	37:56	9:28	4	3:52	4	3:52
Start Rad	1.00	fehlt!	-	-	-	-	-	5.00	-	-	-	-	-	-
Ziel Rad	6.00	25:05	4:10	3	5:00	3	5:00	11.00	1:03:01	5:43	4	-	4	-
Start Lauf	1.00	fehlt!	-	-	-	-	-	12.00	-	-	-	-	-	-
Ziel Lauf	6.20	31:39	5:06	3	7:16	3	7:16	18.20	1:34:40	5:12	4	-	4	-
Finish	-	fehlt!	-	-	-	-	-	17.20	-	-	3	-	3	-