



16. Asklepios Tritrekk
Bad Salzungen, Burgsee / 04.08.2019

Detailed evaluation

Trautmann, Jonas

Club: GutsMuths-Rennsteiglaufverein e.V.
Number: 98

Course: 17.20 km
LITTLE RENNSTEIGMAN

Category:
Männer

Total time: 1:34:40

Speed: 10.90 km/h
Running performance: 5:30 min/km

Rank in course/Total: 3 (of 3)

Rank in course/Men: 3 (of 3)

Best time in course: 1:18:32

Rank in category: 3(of 3)

Best time in the category: 1:18:32

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ziel Kanu | 4.00 | 37:56 | 9:28 | 2 | 3:52 | 2 | 3:52 | 4.00 | 37:56 | 9:28 | 4 | 3:52 | 4 | 3:52 |
| Start Rad | 1.00 | fehlt! | - | - | - | - | - | 5.00 | - | - | - | - | - | - |
| Ziel Rad | 6.00 | 25:05 | 4:10 | 3 | 5:00 | 3 | 5:00 | 11.00 | 1:03:01 | 5:43 | 4 | - | 4 | - |
| Start Lauf | 1.00 | fehlt! | - | - | - | - | - | 12.00 | - | - | - | - | - | - |
| Ziel Lauf | 6.20 | 31:39 | 5:06 | 3 | 7:16 | 3 | 7:16 | 18.20 | 1:34:40 | 5:12 | 4 | - | 4 | - |
| Finish | - | fehlt! | - | - | - | - | - | 17.20 | - | - | 3 | - | 3 | - |