



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Abel, Ron

Club: Prinzess-Ilse-Grundschule
Number: 927

Course: 1.80 km
1,8 km - Lauf

Category:
männliche Kinder U10 (8-9 Jahre)

Total time: 7:50

Speed: 7.66 km/h
Running performance: 4:21 min/km

Rank in course/Total: 20 (of 128)

Rank in course/Men: 15 (of 74)

Best time in course: 6:17

Rank in category: 8(of 35)

Best time in the category: 6:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Blochhauer	0.90	3:55	4:21	8	0:28	14	0:51	0.90	3:55	4:21	8	0:28	75	0:51
Ilseburg/Markt	0.90	3:55	4:21	8	0:29	15	0:42	1.80	7:50	4:21	8	0:52	15	1:33