



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Beie, Rainer

Club: SV-Kyffhäuser
Number: 57

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 3:24:39

Speed: 7.62 km/h
Running performance: 7:49 min/km

Rank in course/Total: 534 (of 581)

Rank in course/Men: 447 (of 475)

Best time in course: 1:39:32

Rank in category: 56(of 59)

Best time in the category: 2:07:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:38	7:09	54	7:46	441	10:34	3.30	23:38	7:09	54	7:46	441	10:34
Schlüsie	3.10	26:21	8:30	55	9:44	446	12:43	6.40	49:59	7:48	55	17:30	445	23:16
Hermannsklippe	2.60	23:29	9:01	54	8:55	443	12:05	9.00	1:13:28	8:09	55	26:25	449	35:21
Brocken	3.10	40:37	13:06	56	16:10	456	22:34	12.10	1:54:05	9:25	55	42:35	452	57:55
Eiserner Handwe	3.60	22:30	6:15	44	7:37	380	10:38	15.70	2:16:35	8:41	55	50:12	445	1:08:33
Schlüsie	4.10	23:43	5:47	50	8:56	429	12:09	19.80	2:40:18	8:05	55	58:53	441	1:20:42
Loddenke	3.10	19:45	6:22	55	7:33	443	10:26	22.90	3:00:03	7:51	55	1:06:23	444	1:31:08
Ilseburg/Markt	3.30	24:36	7:27	57	10:48	459	13:59	26.20	3:24:39	7:48	56	1:17:10	447	1:45:07