



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Walleit, Pascal

Club: Stiftung Wadentest
Number: 543

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 3:25:17

Speed: 7.66 km/h
Running performance: 7:50 min/km

Rank in course/Total: 535 (of 581)

Rank in course/Men: 448 (of 475)

Best time in course: 1:39:32

Rank in category: 46(of 47)

Best time in the category: 1:47:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:14	6:44	43	9:10	409	9:10	3.30	22:14	6:44	43	9:10	409	9:10
Schlüsie	3.10	26:35	8:34	46	12:27	450	12:57	6.40	48:49	7:37	45	21:24	435	22:06
Hermannsklippe	2.60	23:11	8:54	45	10:47	437	11:47	9.00	1:12:00	8:00	47	32:11	444	33:53
Brocken	3.10	39:10	12:38	47	19:20	440	21:07	12.10	1:51:10	9:11	47	51:14	445	55:00
Eiserner Handwe	3.60	25:59	7:13	45	13:12	450	14:07	15.70	2:17:09	8:44	47	1:03:41	447	1:09:07
Schlüsie	4.10	24:37	6:00	44	12:35	439	13:03	19.80	2:41:46	8:10	46	1:15:55	446	1:22:10
Loddenke	3.10	19:54	6:25	45	9:53	446	10:35	22.90	3:01:40	7:55	46	1:25:19	446	1:32:45
Ilseburg/Markt	3.30	23:37	7:09	46	12:39	452	13:00	26.20	3:25:17	7:50	46	1:37:32	448	1:45:45