



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Warns, Hajo

Club: Wardenburg-Oberlethe
Number: 547

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 3:29:05

Speed: 7.52 km/h
Running performance: 7:59 min/km

Rank in course/Total: 541 (of 581)

Rank in course/Men: 451 (of 475)

Best time in course: 1:39:32

Rank in category: 36(of 40)

Best time in the category: 2:17:19

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Stage score		Pos	Behind	Total		Pos	Behind	Pos	Behind
	km	Time			min/km	Cat.			Men	Men				
Loddenke	3.30	24:47	7:30	38	7:58	461	11:43	3.30	24:47	7:30	38	7:58	461	11:43
Schlüsie	3.10	27:08	8:45	37	8:39	452	13:30	6.40	51:55	8:06	38	15:56	455	25:12
Hermannsklippe	2.60	25:48	9:55	39	10:14	462	14:24	9.00	1:17:43	8:38	38	25:55	461	39:36
Brocken	3.10	42:06	13:34	38	16:53	465	24:03	12.10	1:59:49	9:54	37	42:48	461	1:03:39
Eiserner Handwe	3.60	26:50	7:27	36	11:14	454	14:58	15.70	2:26:39	9:20	37	52:22	461	1:18:37
Schlüsie	4.10	23:27	5:43	34	8:23	422	11:53	19.80	2:50:06	8:35	37	1:00:04	460	1:30:30
Loddenke	3.10	18:01	5:48	34	5:15	419	8:42	22.90	3:08:07	8:12	37	1:05:19	456	1:39:12
Ilseburg/Markt	3.30	20:58	6:21	36	6:35	431	10:21	26.20	3:29:05	7:58	36	1:11:46	451	1:49:33