



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Neuberger, Thomas

Club: Ilseide  
Number: 358

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 3:31:04

Speed: 7.45 km/h  
Running performance: 8:04 min/km

Rank in course/Total: 545 (of 581)

Rank in course/Men: 454 (of 475)

Best time in course: 1:39:32

Rank in category: 57(of 59)

Best time in the category: 2:07:29

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:50	6:55	52	6:58	418	9:46	3.30	22:50	6:55	52	6:58	418	9:46
Schlüsie	3.10	26:20	8:29	54	9:43	444	12:42	6.40	49:10	7:40	54	16:41	438	22:27
Hermannsklippe	2.60	24:40	9:29	55	10:06	451	13:16	9.00	1:13:50	8:12	56	26:47	450	35:43
Brocken	3.10	40:56	13:12	57	16:29	458	22:53	12.10	1:54:46	9:29	56	43:16	455	58:36
Eiserner Handwe	3.60	25:56	7:12	57	11:03	448	14:04	15.70	2:20:42	8:57	56	54:19	454	1:12:40
Schlüsie	4.10	25:46	6:17	57	10:59	450	14:12	19.80	2:46:28	8:24	57	1:05:03	456	1:26:52
Loddenke	3.10	20:24	6:34	56	8:12	450	11:05	22.90	3:06:52	8:09	57	1:13:12	452	1:37:57
Ilseburg/Markt	3.30	24:12	7:20	56	10:24	457	13:35	26.20	3:31:04	8:03	57	1:23:35	454	1:51:32