



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Reich, Elke

Number: 601

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 3:32:10

Speed: 7.41 km/h
Running performance: 8:06 min/km

Rank in course/Total: 547 (of 581)

Rank in course/Women: 92 (of 106)

Best time in course: 2:08:56

Rank in category: 18(of 19)

Best time in the category: 2:36:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	22:32	6:49	13	3:07	63	6:44	3.30	22:32	6:49	13	3:07	63	6:44
Schlüsie	3.10	26:02	8:23	14	5:21	75	9:27	6.40	48:34	7:35	13	7:35	72	16:06
Hermannsklippe	2.60	24:30	9:25	15	6:17	83	9:55	9.00	1:13:04	8:07	14	13:52	76	26:01
Brocken	3.10	42:34	13:43	19	13:21	97	18:25	12.10	1:55:38	9:33	18	25:27	90	44:19
Eiserner Handwe	3.60	26:44	7:25	18	8:16	95	11:32	15.70	2:22:22	9:04	18	33:17	91	55:51
Schlüsie	4.10	26:40	6:30	17	8:44	94	11:34	19.80	2:49:02	8:32	18	42:01	93	1:07:25
Loddenke	3.10	20:48	6:42	17	7:11	95	8:41	22.90	3:09:50	8:17	18	49:12	93	1:16:06
Ilseburg/Markt	3.30	22:20	6:46	17	6:37	93	8:20	26.20	3:32:10	8:05	18	55:49	92	1:23:14